

Masters Center Training for Certification in MRMT© Classes / Hours 2009-2010

Term 1 = 142 hours	Term 2 = 77 hours	Term 3 = 125 hours
Massage Theory & Procedures –Phase 1 Integrated Passive Techniques- NMT / Sport Massage/ Myofascial /Passive Range of Motion (PROM) (15hrs/wk x 8 wks + 3hr Final)= 123hrs	OrthoRelease (3hrs/wk x 8 wks + 3hr Final) = 27 hrs	Concentric/Eccentric Muscle Pairs Treatment Techniques 9hrs/wk/8wks+3hr Final = 75 hrs
Massage Application Lab ----- (1 hr/wk x 8 wks) = 8 hrs	----- (2 hr/wk x 8 wks) = 16 hrs	----- (2 hr/wk x 8 wks) = 16 hrs
	Functional Anatomy- Posture, Movement, LE (2.5rs/wk x 8 weeks + 2 hr Final) = 22 hrs	Functional Anatomy- Gait, Spine, UE (2.5rs/wk x 8 weeks + 2 hr Final) = 22 hrs
	Assessment Skills- Posture & LE (1.25 hrs/wk. x 8 wks + 2hr Final) = 12 hrs	Assessment Skills- Spine & UE (1.25 hrs/wk. x 8 wks + 2hr Final) = 12 hrs
Functional Information = 11 hrs		

Term 4 = 106 hours

Medical Lectures (3 hrs/wk x 10wks + 3 hr Final) Musculoskeletal Pathology & Treatment = **33 hrs.**

Massage Theory & Procedures –Phase 2 Active Approach. (3 hrs/wk x 10wks + 3 hr Final) Treating Postural Conditions = **33hrs**

Active Approach Application Lab (2 hrs/wk. X 10wks) Treating Postural Conditions = **20 hrs**

Passive Massage & Muscle Pair Treatment Massage Clinic (2hrs/wk x 10 wks) *“Earn As You Learn”* = **20 hrs**

Term 5 = 72 hours

MRMT Phase 1 & 2 Internship (8 hrs/wk x 9 weeks) *“Earn As You Learn”*= **72 hrs**

Comprehensive Written Exam & Comprehensive Practical Certification Exam

MRMT Masters Center Total Hours = 522